

# Reclaiming Lives



## Evidence-based Treatments for Traumatized Children and Adolescents

Tuesday, October 6, 2009

8:30 am - 4:45 pm

Featuring: William Steele, PsyD, MSW

Fawcett Center, The Ohio State University

2400 Olentangy River Road

Columbus, Ohio 43210

A Professional Conference Presented by



Mental Health America  
of Franklin County  
538 E. Town Street, Suite D  
Columbus, Ohio 43215-4885  
Visit us online at [www.mhafc.org](http://www.mhafc.org)



## Content

If you want to gain insight into the many facets of trauma from one of the nation's leaders in the field of treating traumatized children and adolescents, then you will want to attend this dynamic conference.

Trauma that occurs in childhood, when the developmental foundation of a person is being formed, presents many intervention and treatment challenges. This conference is designed to address the issues of trauma and grief/loss in children and adolescents through didactic presentation and comprehensive child and adolescent case examples. Dr. Steele will provide support for using trauma-informed and strength-based assessment. Trauma-informed care involves services that are directed by a thorough understanding of the profound neurological, biological, psychological and social effects of trauma and violence on the child/adolescent. This conference will give you the ability to develop and implement trauma-informed practices to foster resilience and growth.

This training uses evidence-based research, case study and review of assessment tools and processes. It will provide a framework to help you make important intervention selections with the traumatized children and adolescents you treat.

## Outcomes

As a result of the conference, participants will be able to:

1. Distinguish between trauma and grief reactions.
2. Assessing traumatized and at-risk children and adolescents from a trauma-informed, strength-based perspective rather than only from a deficit focus.
3. Identify the most immediate and appropriate intervention needs of the traumatized child/adolescent.
4. Describe how traumatized children and adolescents process and interpret behavioral and verbal interactions and expectations of others. (Using real case examples).
5. Outline treatment based on appropriate strategies including sensory intervention.

## Who Should Attend

*Reclaiming Lives* is designed for social workers, counselors, psychologists, nurses, chemical dependency professionals, teachers and other healthcare professionals. The curriculum is relevant for intermediate and advanced-level clinicians.

## Presentation Format

A multi-modal format, including PowerPoint presentations, discussion, Q & A and audience interaction will be utilized. Informational handouts will also be distributed.

## About The Speaker

William Steele, PsyD, MSW, is the Founder of The National Institute for Trauma and Loss in Children, located in Michigan.

He has developed, published and produced numerous books, articles, trauma-specific intervention programs and resource materials. More than 40,000 professionals have been trained by Dr. Steele.

After the Gulf War he was one of the first Americans selected by the Kuwait government to provide trauma intervention training for their newly formed mental health staff.

Dr. Steele is author of numerous publications, including evidence-based trauma intervention programs for children, adolescents and families currently being used in schools and agencies across the country.

He has developed evidenced-based researched and field-tested intervention programs used throughout the country with children 3-18 years of age, adults and parents.

He received his Doctorate in Psychology in 2000.

## Continuing Education

The Ohio Department of Mental Health (ODMH) has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 8405 Greensboro Drive, Suite 800, McLean, VA 22102. As an IACET Authorized Provider, ODMH offers CEUs for its programs that qualify under IACET guidelines. ODMH is authorized by IACET to offer 0.7 CEUs for this program.

ODMH is an approved provider of continuing education for RNs and LPNs through the Ohio Board of Nursing and has awarded 7.0 contact hours per OBN 003 92-1344CO.

ODMH is an approved provider of continuing education through the Ohio Counselor, Social Work and Marriage and Family Therapist Board and has approved this program for 7 CPE for Social Work per RSX 088902-1516CO and 7 CPE for Counselors per RCX 068915-1505CO.

ODMH is an approved provider of mandatory continuing education for Psychologists through the Ohio Psychological Association and awards 7.0 MCE per 311334820-755CO.

Mental Health America of Franklin County has received approval of 7.0 RCH (recognized clock hours) of continuing education for Chemical Dependency Counselors awarded through Ohio Board for Chemical Dependency Professionals per PID 09-305-C.

## Additional Information

**Cost:** \$99 if postmarked by Sept. 17, 2009  
\$119 if postmarked after Sept. 17, 2009

**Payment:** Payment must be received with the registration form by the early registration date to receive the discount. Purchase orders will be accepted, but are not considered payment. No registration confirmations will be sent.

## Discounts

**Members:** An additional \$10 discount will be given to current members of MHAFC. (See registration to join.)

**Students and Retirees:** \$20 discounts for college students who send a photocopy of their student ID with the registration form and for retirees (people retired from a mental health profession who are not working in the mental health field).

**Groups:** 5% discount for 5 or more from the same organization paying with one check.

**Refunds:** There will be NO REFUNDS after **September 18**, but you may request a receipt for a tax-deductible donation if you cannot attend. Refunds prior to this date will be assessed a \$25 processing fee. You can designate a substitute attendee.

**Agenda:** Registration begins at 8 am. The program will begin at 8:30 am and end at 4:45 pm.

**Meals:** Continental breakfast and break refreshments will be provided. Lunch will be on your own from 12-1. There is a restaurant in the Fawcett Center as well as several restaurants within easy driving distance.

**Interpreters and Disability Information:** This conference is wheelchair accessible. Sign language interpreters are available upon request. Please submit request on the registration form by **September 4**. Call 614-221-1441 if you require any additional assistance for a disability.

**Miscellaneous:** The temperature tends to fluctuate in the auditorium. Please dress accordingly.

## Mental Health America of Franklin County

Mental Health America of Franklin County, a private, not-for-profit organization established in 1956, is dedicated to promoting mental health, preventing mental disorders and raising awareness and understanding of mental health issues through advocacy, education and support services in our community.

Our programs include: an Ombudsman who assists clients in navigating the mental health and alcohol/drug system; mental health screenings in English and Spanish conducted in the community and on our website; information and referral to community mental health and alcohol/drug services; support groups for people with mental illness and their family and friends. We receive funding from the Franklin County ADAMH Board and United Way of Central Ohio. To become a member or to learn more, visit [www.mhafc.org](http://www.mhafc.org).

## Co-Sponsors

### Premiere Sponsors



### Platinum Sponsors

#### Nationwide Children's Hospital Behavioral Health

### Silver Sponsors

Ohio Department of Mental Health  
Rosemont Center  
The Village Network  
United Methodist Children's Home

### Bronze Sponsors

Berea Children's Home & Family Svcs. of Central Ohio  
Child & Adolescent Psychiatrists of Central Ohio  
Franklin County Children Services  
Gibault  
Netcare  
Ohio Psychological Association  
OSU Harding Hospital & The Dept. of Psychiatry  
St. Vincent Family Centers

### Friends

Children's Defense Fund  
Ohio Psychiatric Physicians Association  
Psychiatric Society of Central Ohio  
School Psychologists of Central Ohio

## A note about our Sponsors:

Due to the printing deadline, sponsors listed here have been confirmed as of July 22, 2009. An updated list of sponsors can be found on our website at [www.mhafc.org](http://www.mhafc.org).

Printing Courtesy of



## Note for the Community:

A community program will be held at the same location from 7-9 pm on October 6. For more information, please call 614-221-1441 or visit [www.mhafc.org](http://www.mhafc.org).

## Registration Form

### Reclaiming Lives: Evidence-based Treatments for Traumatized Children and Adolescents

Complete this form and return it with a check payable to: MHAFC, 538 E. Town Street, Suite D, Columbus, OH 43215-4885. You also may register online with a credit card at our website: [www.mhafc.org](http://www.mhafc.org).

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Membership:** Yes, I would like to join Mental Health America of Franklin County.  
\$35 or more: Individual  
\$50 or more: Family  
\$50 or more: Professional  
\$125: Organization

**Fees:** \$99 by September 17, 2009  
\$119 after September 17, 2009 \$ \_\_\_\_\_  
MHAFC Membership Enclosed \$ \_\_\_\_\_  
MHAFC Membership Discounts:  
• MHAFC Membership - Deduct \$10 \$ \_\_\_\_\_  
• Student/retiree - Deduct \$20 \$ \_\_\_\_\_  
• Group - 5% discount for 5 or more from same organization paying with one check. \$ \_\_\_\_\_

Total amount enclosed \$ \_\_\_\_\_

### Continuing Education:

I would like to receive 7 CEU credits for:

RCHs (CCDC)

Social Worker

Counselor

Psychologist (MCE)

RN/LPN

I would like a sign language interpreter.

Do you need help related to a disability? If yes, please explain:

This registration form may be duplicated.